

Scott Brearley had a belief throughout most of his life - his life was not worth living. Living a life filled with internal and external chaos wherever he went, Scott always sought more, however always was confirmed over and over about his limiting beliefs that were ingrained in his soul. Scott's journey has been littered with trauma, abuse, jail and ... The bottom line for Scott was this nagging thought - WHY DOES THE UNIVERSE HATE ME?

With a court order to participate in Alcoholics Anonymous when he was a late teen, to surviving a failed marriage, to beating prostate cancer, tackling diabetes without drugs, surviving many and major accidents, Scott saw signs of his courage and determination in his life.

Over Scott's life he made some monumental steps forward to discover his purpose in life. Scott took on Personal Development work when he was offered an entry level course. He initially was reluctant to attend the next level of growth, however that is where he met his current wife, Lisa. Lisa and Scott continued to grow individually and as a couple.

Scott's climb in life was an exhausting journey. His past trauma and disturbing life experiences haunt Scott on a daily basis. Scott's new found awareness through his personal growth awareness has supported him in his journey of breaking through the baggage from his past.

Scott made major leaps in his life. He has reconnected with his niece and brother, married his soulmate Lisa and strives to fulfil his passion to coach others and promote self esteem.

Join Scott on this journey filled with heart-wrenching experiences, life altering memories, and his many thoughts of suicide and low self worth. Discover how Scott FOUND WORTH IN HIMSELF, a life worth living, a partner he deserved and a plan to continue to make adventures a necessary part of life.