



Hello, my name is Scott Brearley

In these 50 plus years of life, I have been on a journey and climbing my Mount Everest. As a child, I experienced trauma that no child should ever have to go through. These childhood struggles led me down a path of challenges and failures.

I spent many years in and out of 12 step programs that left me identifying as an alcoholic and drug addict. I realized after years of struggling to stay sober and experiencing life changing health battles, there was one constant that really stood out. I lived from anger all the time.

My relationships suffered and I was lonely and stood on the cliffs of desperation. I finally realized I needed to make a change and that change was about looking inward at me.

I chose to work with a life coach and dig into the man I really wanted to be and create the life I wanted to live.

With my own coach, I looked at all the value and beauty in the small things in life. I realized taking one step at a time, day by day was the key.

Today, I am living my life by my design, living a life of liberty. I want to support you in uncovering your motivations, visions, plans, and actions. As your coach, I will support you in choosing to make 'Forward Walking Choices'.

Scott Brearley

Certified Life Coach

World Coaching Institute